ALL TOGETHER

THIS IS HOSPICE CARE

Protecting the future of our hospices



Have you seen our logo on the TV yet?! Cornwall Hospice Care has joined forces with hospices across England, Scotland, and Wales to protect the future of hospice care.

As part of the national 'This Is Hospice Care' campaign, we're raising awareness of the vital role hospices play in communities and how gifts in Wills help ensure this care continues for generations to come. Georgia Lewis, our In memory & Legacy Fundraiser, tells us more;

For our charity, 2 in 5 of our patients receive care thanks to gifts left in Wills. With St Julia's and Mount Edgcumbe Hospices funded almost entirely by our community, these legacies make an incredible



difference, ensuring our nurses can continue to provide expert, compassionate care. To help bring this message to life, we are launching a video series featuring heartfelt stories from those who've experienced hospice care first hand. These videos highlight the profound impact of gifts in Wills and why they are so essential to our future. Luke (pictured above) talks of the care his Mum received in her final days and while being cared for at St Julia's Hospice. You can watch his film <u>HERE</u>.



I'd like to say a huge thank you to the incredible members of our team and to our patients and supporters who kindly took part in this video series.

People like Quentin (above), a Lymphoedema patient at Mount Edgcumbe Hospice who'll also feature during next month's

Lymphoedema Awareness Week.

Your dedication and willingness to share your experiences will help ensure our care continues for generations to come.



<u>How you can help</u>

- Watch and share Luke's story and the video series featuring on our social media channels these powerful messages highlight the true impact of our hospice care.
- Talk about the campaign the more people who understand how gifts in Wills sustain our work, the greater the impact we can make.
- Encourage conversations if you hear someone expressing gratitude for our care, let them know that leaving a gift in their Will is one of the most meaningful ways to support our future.

With your help, we can ensure hospice care lives on - for all, for now, forever.



Launching our poignant new film to showcase the hidden value of hospice care



On Saturday 1st March at the end of the This Is Hospice Care campaign, we'll be launching our new charity film. We've teamed up with two of Cornwall's top film production companies to produce an extraordinary feature about the work we do. The 4 minute film 'Cornwall, you make this happen every day', includes local actors and members of our own staff and follows the story of a young family experiencing hospice care.

"We wanted to show a patient's journey at the end of their life to help explain the precious nature of hospice care," says Paul Brinsley, "and to show the community of Cornwall how important their support is to our charity."



The new film features Cornwall based actors Laura Frances Martin (Mum), Kevin Dodds (Dad), Sally and Jack Bristow (Grandparents), Kerra Brownlee and Dorothy Shapland (daughters). Our own staff also took part, including Nurses Claire Clark, Naomi Pascoe and Hayley Shields, Healthcare Assistants Emma Eden and Hannah Cahart and Clinical Administrator Lorella Jacinto.



There's no hiding that the film is a difficult and emotional watch, but it's what we do 24 hours a day, seven days a week at Mount Edgcumbe and at St Julia's.

We're proud of the care we provide and of our ability to make very day matter for our patients and those who're close to them. We need to open up what hospice care looks like to stop the myths and to show the people of Cornwall who almost entirely fund what we do, how it works and why our charity is important to our community.

We're keeping the film under wraps until it launches on Saturday 1st March but you can view it now by clicking <u>HERE</u>.



A very special Christmas

The team at Mount Edgcumbe Hospice pulled together recently to create a very special Christmas Day. It was to meet the wish of a young patient who described his February festivities as 'the best Christmas ever.'



Housekeeping Supervisor Michaela Jewell chose a colour scheme of blue and white to reflect the patient's love of Manchester City Football club, dressing the tree with the patient's Mum. She also produced matching paper chains with support from Kathy Page from the Admin team. Therapy Assistant Michelle Fenton made matching paper stars and Lorella Jacinto created a Manchester City decoration for the top of the tree.









The catering team laid on a full Christmas dinner with turkey and all the trimmings and volunteer Mike stood in for the real Father Christmas who at this time of year is on his post-Christmas holiday.



George Elworthy, Project Manager at Mount Edgcumbe adds; "We don't often get a chance to celebrate Christmas twice, but when it happens it's wonderful to see the exceptional teamwork that it takes to make it special. People worked late into the night sewing and preparing food to make someone's day memorable. Everyone played their part, thank you to all concerned."

Making every day matter

You may remember patient Leonie who made a film with us about her experience of hospice care. Recently she showed us an amazing doll that volunteer Jenny made for her. She says it was an unexpected but very welcome gift. She also introduced us to Phil the Pill made by another of her friends.









Caring contractors

Jim Parry, our Facilities Manager, writes of the care shown by one of our contractors;



"On two occasions since we've come back from Christmas, PJD Martin have provided speedy responses to callouts and when on site their plumbers have gone above and beyond to fix the problem, rather than just isolating and coming back another day.



On the 6th January Daniels lane had a major leak on the inlet side of the main water pipe entering the property.

This meant that the water had to be isolated in the street and there was no water to the property at all, resulting in no welfare facilities and the likelihood of sending people to work from home etc. PJD Martin's plumber traced the leak to an area under concrete and got to work digging it out as best he could whilst he waited for someone to arrive with a proper breaker. When they found the source of the leak, the repair was done to a high standard, not just a quick patch, even though he knew the landlord was intending to replace the water main entering the property. Then on the 28th January were called out again to sort out a leak in the ceiling of one of the patient's rooms at Mount Edgcumbe. They went above and beyond to make good the pipe, working in some tight and awkward spaces in the loft. Thank you!

Near miss: Electrical Fire Safety

Extension leads and block adapters in particular, are one of the leading causes of electrical fires in the UK. Recently there's been two 'near miss' incidents involving the overloading of electrical sockets. Fortunately, the swift action of our colleagues prevented more serious situations. Please talk to your Line Manager about the advice I've sent out via the Senior Management Team.



THANK ... yousays Perran Power Saver

Hey team, you're amazing! I shared my disappointment about the amount of printing you're all still doing and

...you've dug deep and there's good news. 5,088 fewer pages were printed this January, compared to the same month in 2024.

Now the challenge is to keep this up, so fingers crossed we can all pull together to make it 'fewer in February' too. I'll be back next month to report in. Meanwhile, don't forget to turn the light off if you're the last one to leave a room and check any windows are closed at the end of the day.

25 years a volunteer



People news



Amanda Addo, our Volunteer Engagement Manager, writes; "Jean Hodge who's been a volunteer at our Falmouth Boslowick shop for an amazing 25 years, has recently been celebrating. She was joined by her volunteer colleagues and friends, as well as Rob Bosisto and Noah Crutchfield.

Jean who's an incredible 91 years young, was delighted to have a cuppa and a sausage roll to celebrate 25 years of time with our charity. When asked what the secret for longevity she said it was down to 'good genes'! Jean's been a caring and supportive volunteer who's trained many of her current volunteer colleagues and is often on the till meeting, greeting and selling fabulous, donated items to our lovely Falmouth Boslowick customers.





Jean's pictured here taking centre stage at a presentation event at the Boslowick shop. In addition, Jean has always knitted and created lovely seasonal items to sell. Over the 25 years we've calculated that the figure raised by these items is well in excess of £10,000.

For Christmas 2024 Jean made and sold 120 Christmas stockings filled with chocolate. Last Easter it was 80 Easter Chicks with Cream Eggs and there's her ever popular gloves which Jean has made 74 pairs off this winter alone! Thank you so much Jean, you exemplify the commitment of all our volunteers who go above and beyond for our great cause."

Gina's last hurrah!

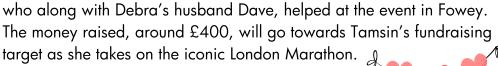
Gina and Tamsin, otherwise known as the 'Two Old Choughs', have recorded their last podcast. The final edition will be released in March and will reflect on developments in our charity during Gina's time as Clinical Director. The recording was made at St Julia's Hospice where



Chef Keith Davis made a wonderful cake featuring flying Choughs, to mark the occasion.



Gina and Tamsin have covered a range of subjects in their podcast 'Two Old Choughs: A Tale of Two Hospices' and were shortlisted for a national 'Third Sector' Award. You can hear our podcasts on all the main streaming platforms and find all editions <u>HERE</u> on our website. The kindness of colleagues Recently Mount Edgcumbe Hospice colleagues of Tamsin (Editor) pictured far right, gathered round to help support her Valentine Coffee Morning. They included Tracey Taylor and Debra Ruston (pictured)



Valentine Bear



In support of Tamsin's fundraising, the Admin Team at Mount Edgcumbe ran a draw to win a beautiful Valentine Bear complete with chocolates. They raised £24 and the winner was volunteer Annette Pope who was delighted as she's expecting a new grandchild very soon.

Hello's and goodbyes

In this edition we welcome Naomi Lagor Registered nurse at Mount Edgcumbe, Jacqueline Nottle Band Healthcare Assistant at Mount Edgcumbe and Ann Marie Norman Deputy Retail Manager. We say farewell to Georgina Gunningham Deputy Retail Manager, Michelle Mobbs Retail Manager, Alex Long Transport and Logistics Lead and James Owen Retail Digital Media Officer.



Wellbeing Days

Don't forget to bid for a place on one of our wellbeing days. The session has to be in your own time, so if you're Ward based you will need to be on a non working day.



All other people must make up the time they use to attend. The next sessions are at St Julia's on Monday 3rd March and at Mount Edgcumbe on Thursday 20th March. To express your interest, please email our HR team at <u>hr@cornwallhospice.co.uk</u>

Meet and Greet - January



This picture was taken at our January Meet and Greet session held at St Julia's Hospice. Please meet (from left to right) Jim Parry, Collette Hardy, Tracey Moreton, Dr Jade Edgcumbe, Daren Marett and Clare Mills.

PRIDE reminder

As you may have read in last month's edition of All Together, that we're hoping to attend this year's PRIDE events in Falmouth, Penzance, Truro, Newquay and St Austell. To do this we need volunteers who can offer as little as a couple of hours or more if possible. You'll love these very jolly and colourful occasions.



The team are now busy collecting names, so if you can help, please get in touch with Lisa Shephard at <u>lshephard@cornwallhospice.co.uk</u>.

The dates for the events are Falmouth 26th April - Penzance 31st May -Truro 26th June - Newquay 30th August and St Austell 13th September.





Love our Lottery

Did you know that our lottery weekly draws and our seasonal raffles raised £468,000 that was a `

direct contribution to our care costs in the last financial year? That's truly amazing and it's thanks to our faithful community who play every week.





Our £1,000 weekly winners in the last month have included Mrs Patchett from Hayle, Mrs Lewis of Looe, Mrs Clench residing in Bodmin, Mr Bligh who lives in Mevagissey and Mrs Sandys from St Columb.

Sign up for our lottery on our website <u>HERE</u> and please spread the word to family and friends.

Thank you

One boy's extraordinary adventure



Meet Ethan Mudd. He's 11 and has set himself the challenge of walking the coast of Cornwall to raise money for our charity after losing his grandad to cancer. He plans to cover the 288 miles from <u>Penzance</u> to <u>Bude</u> and then from Plymouth back to Lands End!

Ethan's grandad, Robin Mudd, sadly passed away after a short battle with lung cancer after being diagnosed in May 2024. The disease spread quickly to his brain and his health rapidly declined until he became paralysed on one side of his body.

Robin spent his final week at St Julia's where Ethan was supported by Therapy Dog, Rooster. The family recently told Cornwall Live that the support and care provided by St Julia's Hospice was "beyond any we could have ever imagined." Ethan's mum, Cat said; "The hospice is an absolute haven of care and compassion and support. The staff are beyond incredible."



You can support Ethan via his Just Giving page - <u>https://www.justgiving.com/page/muddfamilyhospicefundraising</u>



Great Western kindness

The Great Western Railway team at the Long Rock Depot in Penzance have been busy fundraising with their Wellbeing Events. Their hard work has paid off and they've donated an incredible total of $\pounds1,908.62$ to our charity. Thank you all so much for your support!

Steamy support



We're also fortunate to receive the support of those who love steam engines. Community Fundraiser Holly McGroary reports on a very special affiliation;



"As their charity of the year, The West of England Steam Engine Society have been busy fundraising for us throughout 2023 and 2024. They host annual rally events at Stithians Showground and various other activities throughout the year.

We're very lucky that they decided to support us for two consecutive years, due to the 2023 rally being badly affected by bad weather. The society have raised an incredible £5,448.97 and this will fund over 227 hours of care in our two hospices. We're forever grateful to the group for their support, time, and dedication. Without them we really wouldn't be able to do what we do."

Vintage support

Our Community Fundraiser Holly McGroary reports; "Last month the Cornwall Vintage Vehicle Society kindly presented us a cheque at The Coach & Horses Inn at Rosudgeon near Penzance.



They've been raising money with various raffles and events throughout 2024 and have very generously donated £600.00 to our charity. The group always try to support small Cornish charities with the money that they raise. We're extremely grateful for the society's support and thank them for their efforts throughout the year."

The value of friends





Our East Community Fundraiser Kelly had the pleasure of visiting long time friends of our charity Hawkins Motors of St Stephen recently to receive their donation of £500.

The money was raised from their Christmas Raffle. Staff and customers really got into the festive spirit, raising an amazing £2,000 in total, which was split between four Cornish Charities. Kelly says; "Hawkins Motors have been big supporters of Cornwall Hospice Care over the years and it's always lovely to catch up with John and the team who put so much effort into supporting a range of local charities. A big thank you to everyone, staff and customers."

Thank you Cape Cornwall

We're always indebted to our regular fundraising friends and today it's a thank you to the Cape Cornwall Singers. They regularly collect for charities at their events and have recently donated us another £500.00.





Chorus collection

Our Community Fundraiser Kelly Tregaskes recently met Richard and Perry from the Cornish Connections Barbershop Harmony Chorus:



"We met at Mount Edgcumbe Hospice where Richard and Perry presented me with a cheque for £350. The Chorus have celebrated their 40th anniversary over the last 12 months and to celebrate that achievement they've upped their sing outs, raising money for six

charities that are close to their member's hearts including Cornwall Hospice Care. Thank you to all the members of the Chorus for their efforts and to everyone who's supported them over the last 12 months."

Funeral Director's support

A big thank you in this edition of All Together to the team at Colin Matthews and Bernard Williams Funeral Directors in Camborne for raising £252 for our charity. The donation came from their staff's monthly charity draw, with additional



and generous contributions from the residents of Penware Parc in the town.

Signs of spring in our hospice grounds







Retro feedback

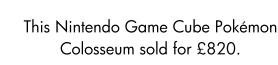
Our retro shops are always popular. Based in Falmouth, St Ives and Launceston, they attract a lot of customers who rave about their finds. Recently we received this lovely message from Jamie whose teenage son found a real treasure:

Dear Retro,

"What a wonderful shop you all have. Popped in today for the first time. Overwhelmed by all the amazing retro and nostalgic items you have in. The staff were amazing, friendly and the all-round atmosphere was very welcoming and 'familiar' if you know what I mean. Our teenager was looking for a retro style jacket and stumbled upon an awesome retro Levi's black denim jacket. Fitted him perfectly and he was chuffed to bits as it was only £20, so a reasonable price for him to pay (he's seen some online for ridiculous amounts.) He's spent the rest of this afternoon working out where his patches will go on his new old jacket. So, I just wanted tor each out and say thanks! It made his day and ours! So, thank you."

Our Ebay treasure report is back!

It's been a while since we reported on Ebay successes, but the team have still been busy listing and selling items for our charity. Evelina Zukaite, Retail Administrator, has shared some of their recent successes;



Meanwhile, this Nintendo Game Cube Pokémon XD Game sold for £275.





This splendid Vintage Silk Top Hat with its original box, sold for £326.99.



These two Nintendo 3DS Pokémon games made £100.



ALL TOGETHER

Cornwall Hospice Care's staff and volunteer newsletter



Please send your stories and pictures to communications@cornwallhospice.co.uk





