

ALL TOGETHER

Weathering a tough budget

A message from Paul Brinsley, our Chief Executive

We all knew the Autumn Budget was going to be a tough one and we steeled ourselves for more difficult economic measures. But the big shock was the increase in Employers National Insurance contributions, being levelled against charities as well as commercial businesses.



Paul (left) with David Renwick, our Chair of trustees.

The lowering of the employer's contribution threshold to £5,000 together with the increase to 15% will potentially cost us at least £230,000, ongoing from the 1st of April next year. It's prompted me to write to all six of our MPs expressing concern that the government would put vital local palliative care services at risk with this punitive measure.

I've called on them to help us seek exemption for our charity from this tax on patient care. Andrew George MP for St Ives, and Ben Maguire MP for North Cornwall, have responded positively, kindly raising the issue in Parliament. Our national organisation, Hospice UK is actively pressing the Government for an exemption as granted to public bodies. On Wednesday the 13th November, when questioned on BBC news and radio, Health Secretary, Wes Streeting, said there would be an announcement about hospice funding before Christmas.

Let's hope the Government will listen and lessen the cost to hospices. More positively, there is an increasing tide of support for fairer funding for hospices nationally and this is to be welcomed.

At our recent AGMs, we said a final goodbye to Trevor Bould (pictured left with me), who retired as a non-executive director on our Lottery and Trading Companies. Many of you will recall Trevor joined us as Finance Director in 2006, retiring from that role in 2016.



He then continued to support us in a non-executive role, helping guide our Lottery and Trading activities to continued success. David Renwick led thanks to Trevor and we wish him well in the future.



We recently hosted a visit to our warehouse at Daniel's Lane by a news team from ITV Westcountry. They were reporting on the issues charities are facing when it comes to disposing of unsaleable donations. Fortunately because of our model of receiving donated goods via our donation centres,

we're still able to arrange for a company to take these items away as they only have to visit one location and pick up one load. We're also working to explain to people that donations of goods we can't sell, can cost us money, which as a charity we can't afford.

I appreciate it's a busy time of year for us all as we head towards Christmas, so thank you for your continuing hard work and support.



The Poppy Train

In 2020 and as a result of Covid restrictions, the Veterans Charity team in Cornwall approached GWR trains with a request. It was to “borrow” a train, so that the veterans could place wreaths on the service to London. GWR liked the idea so much, they agreed to the use of nine InterCity routes all timed to arrive by 11am on the 11th day of the 11th month – Armistice Day!

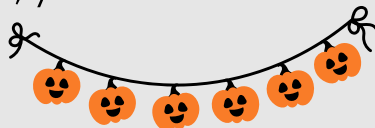


So, at 4.57am on the 11th of November 2020, the first train departed Penzance to keep remembrance on track and it's been rolling ever since and has grown into a global event. This year Gina Starnes, our Clinical Director (second from left) joined others on a chilly early morning platform to put our Cornwall Hospice Care wreath on the train.



Halloween Queen!

Of course before Remembrance comes Halloween and we just love this picture of Nurse Claire and volunteer Colin at St Julia's Hospice. Nothing quite like appearing in a pumpkin costume - a brave move and Claire, you're our Halloween Queen for 2024!





Not quite time to shout 'It's Christmas!'



It may only be November, but plans are well in hand for pre-Christmas events at our two hospices and you're invited to drop in at any time to enjoy the festivities.

Christmas at Mount Edgcombe Hospice
You are invited!

- *Wednesday 27th November (4.30pm) - Christmas Lights Switch On
- *Wednesday 4th December (2pm) - Josh Curnow
- *Thursday 5th December (2pm) - St Breward Handbell Ringers
- *Friday 6th December (3pm) - Celtic Voices
- *Sunday 8th December (7pm) - broadcast of our Light Up A Life service at Truro Cathedral
- *Monday 9th December (2pm) - Imerys Choir
- *Wednesday 11th December (7pm) - Dreckly Boys
- *Monday 16th December (6.30pm) - Mevagissey Male Choir
- *Tuesday 17th December (4.30pm) - Christmas Bingo!
- *Wednesday 18th December (7pm) - St Mawgan Military Wives Choir
- *Friday 20th December (2pm) - Christmas Bingo!

Christmas at St Julia's Hospice
You are invited!

- *Tuesday 26th November (from 1pm) - a visit from the Screech Owl Sanctuary
- *Thursday 28th November (from 4pm) - Christmas Lights Switch On
- *Sunday 1st December (2pm) - North Coast Choir
- *Thursday 5th December (4pm) - UKUHAYLES
- *Saturday 7th December (3pm) - Heyl St Piran Singers
- *Wednesday 11th December (2pm) - St Ives Community Choir
- *Thursday 12th December (3pm) - Marazion Apollo Choir
- *Friday 13th December (3pm) - Dolce Choir
- *Saturday 14th December (2.30pm) - Penzance Orpheus Ladies Choir
- *Thursday 19th December (7pm) - Culdrose Military Wives Choir



Care at Christmas



Our fundraising elves have been hard at work putting together our Christmas events for this festive season, as Caroline Harris from our Fundraising team reports; “We hope you’ll be able to support our events in any way you can. It may be sharing our social media posts, sharing your own experience of what the hospice means to you, or making a donation. You can help provide peace, comfort and calm for a patient and their family spending what could be their last Christmas together.



The Christmas Raffle is back with a chance to win £2,000! What would you do with £2,000 just before Christmas? Get your tickets [HERE](#) before Friday 13th December to be in with a chance to win.

We’re holding our annual Light Up A Life service at Truro Cathedral on Sunday 8th December. It’s a beautiful service dedicated to coming together and remembering loved ones. The evening features a moving service with carols, readings and a ceremonial lighting of candles to honour those who have passed away.





We have over 20 local schools' holding Reindeer Roundup events, getting sponsorship and encouraging the next generation of fundraisers. Schools can sign up [HERE](#).



Our Festive Wishes Appeal is now live, inviting our supporters to dedicate a message in memory of loved ones and send words of encouragement to our incredible clinical teams this Christmas. Take a look [HERE](#).



Santa will be in his Grotto at the Harbour Beer House in Charlestown on 23rd and 24th November with gifts for all the boys and girls, and there are also a plethora of craft fayres and creative workshops being held across the county all raising money in aid of our charity.

Please head to [Care at Christmas - Cornwall Hospice Care](#) for more details on all our events.



Flowers from caring strangers

Here's a heartwarming story...Michelle Morse, one of the Healthcare Assistants at St Julia's Hospice, was on a train recently when she got talking to an American couple who were on their way to St Ives for a holiday to mark their wedding anniversary. During the journey Michelle mentioned to them where she worked and what we did. They were fascinated and amazed that there was only 20 hospice beds in the whole of Cornwall.



A few days later this beautiful bouquet of autumn flowers arrived for 'Michelle on the train from the Americans'. Luckily Michelle was working that day and was able to tell everyone the story.



Cakey confusion

The team at St Julia's recently received a delightful chocolate cake donated by Simon Major whose mother passed away at the hospice 2012. His wife who makes cakes for special occasions, accidentally produced one on the wrong date (it was needed a week later).

Owen Crocker says; "When they realised the mix-up, Mr Major mentioned how comical his wife's surprise was. Rather than let the cake go to waste, they thought of St. Julia's, showing that even after all these years, we remain in their thoughts. A big thank you to Mr Major for bringing the cake in, it was much appreciated."





Congratulations Nancy!

Many congratulations to St Julia's volunteer Nancy Hudson, who completed a running challenge at the end of August. She ran 10K from Marazion to Mousehole on the 26 August 2024 and raised £650! Fantastic Nancy and thank you.



More 'people news'



A warm welcome to our latest colleagues to attend our monthly meet and greet sessions; Jade Powell from our retail team, Ruth Hills who's a Walk talk Kernow volunteer and Dr Suzanne Owen from St Julia's Hospice.



Welcome to Travis Meakin Housekeeper at St Julia's Hospice, Paula Buck Finance

Assistant and Monika Payne Registered nurse at Mount Edgcombe Hospice.

We bid farewell to Simon Jones Deputy Retail Manager, Angelique Lydall Housekeeper at St Julia's, Morticia Elsdon Retail Manager, Pip Arklay Retail Operations and Tracy Symons Retail Manager.





Wellbeing sessions

Feel in need of a bit of tlc? Why not bid for a place on one of our wellbeing days? Please note; the session has to be in your own time, so if you're Ward based you need to be on a non-working day. All other people must make up the time they use to attend.

The next sessions are at St Julia's on Monday 2nd December and at Mount Edgcumbe on Thursday 19th December.

To express your interest, please email our HR team at hr@cornwallhospice.co.uk



♥ Little deers



The little Deer that visits Mount Edgcumbe Hospice was back recently, this time with what we think is one of her offspring. Thanks to Michelle Fenton and Lucy Mavriano for managing to capture these pics of our visitors who often join the ornamental deer at the back of the hospice.



Rewind Radio Radiothon



A big thank you to all our staff and volunteers who took the time to visit Cornwall's Rewind Radio studios during the station's 48 hour radiothon. Richard Woods marathon stint aimed to raise money for three charities, including ours and the final result was a whopping £26,729!

thank you ♥

News from our Fundraising Groups

Falmouth



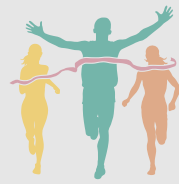
Our Falmouth Fundraising Group recently held their annual Coffee Morning at the Penmere Manor Hotel. They held a raffle, provided various stalls, homemade cakes and the coffee and homemade biscuits were supplied and served as always by the hotel. A big thank you to everyone who attended and helped raise £832.50, and especially the hotel for their amazing and continuing support.

Roseland



Our Roseland Fundraising Group have also been busy setting up the hall at Veryan for their Baked Potato Lunch that achieved another outstanding result of £2,195.41, including a generous donation from a lady in the Village of £1,000. All fillings and puddings were made or supplied by the group members and this popular event was packed out with the locals of Veryan and beyond. Thank you to everyone who supported the lunch and especially the Roseland Group volunteers!

Jade's marathon challenge



Several of our own team will be amongst the runners in next year's London Marathon. One of them is Tamsin Thomas who's set out to introduce some of her fellow participants to us. This week Tamsin introduces Jade Hugo (pictured left with Tamsin on the right) from our fundraising team who's running in memory of her Dad Tim;

Please don't ask me why you would sign up for a massive challenge like the London marathon because I'm really not sure. I think for those of us doing it for charity, it's because of a personal story. I'm running in memory of my friend and former colleague, Ann who remained positive through an almighty battle with cancer. But what about my fellow runners? What drives them? Jade and I met at The Duchy Nursery in Lostwithiel (well runners need cake don't they?) and it's certainly a personal story for her:

"Dad was at Mount Edgcombe Hospice in 2018 and more recently my step-father spent time there. I always knew I wanted to fundraise but then I had children and there was the pandemic. Now, working with the charity as well, it seemed like the right time. Initially I was thinking I'd do Run Falmouth and I will be doing it as part of my training, but the opportunity for the London Marathon came up for me and I went for it. I'm absolutely loving my running so why not.

It's all a bit nerve wracking, the run and the fundraising. I wouldn't say I'm scared by it, but it's a lot of money we're looking to raise, though there's lots of people supporting me.

(Pictured right - Tim Clarey, Jade's dad)





“I’ve only ever done a 5K and not a competitive race or anything like a marathon, that’s a massive challenge but I know I can do it.”

Dad would think it’s amazing. He loved London and he would be very proud. He would be supporting me the whole time for sure. He would have been the first person to say ‘you’ve got this’. He would be there cheering me on without a shadow of a doubt. He fought his cancer bravely so I can absolutely do this – it’s only running, putting one foot in front of the other. I’ll be thinking of him and my children and everybody who’s helped me and that will get me through.”

You can support Jade [HERE](#) and Tamsin [HERE](#).



Chopper Challenge - the result!

You may remember earlier this year we featured the ‘Cornwall 2 Cymry Chopper Challenge’. Over the course of 7 days Bob Jones, Mark Jones, Tom Pelling and Thomas rode their Chopper bikes 370 undulating miles, climbing 22,000ft and travelling through 8 counties.



As you can see from this picture, Bob recently returned to Mount Edgumbe to present a cheque for £11,041.23 along with his son Dylan Jones. The challenge actually raised over £22,000, which has been split between two hospices in memory of Bob’s father who passed away at Mount Edgumbe Hospice and his father in law who died at Severn Hospice.

thank you



The Blakey Bowl



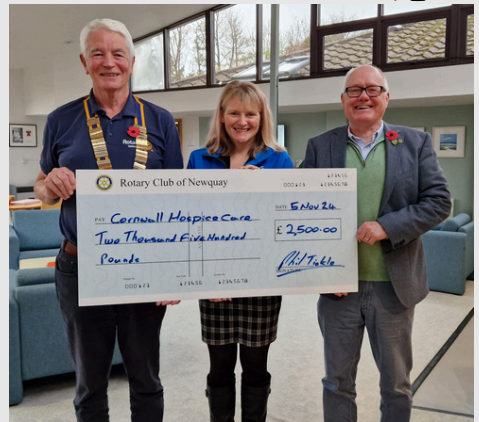
Holly McGroary, our West Community Fundraiser, reports; "I attended a cheque presentation at Truro Golf Club for their recent charity golf day. Playing for The Blakey Bowl in memory of Nigel Blake, they all had a fantastic day of golf and raised an incredible £7,000! Thank you to everyone who took part, the support was very much appreciated."



Newquay Golf Day



Our Fundraising team member Kelly Tregaskes has been thanking other golfers this month, as she explains; "I recently had the pleasure of welcoming members of the Rotary Club of Newquay to Mount Edgumbe Hospice who supported our charity this year at their charity golf day, held at Newquay Golf Club in September.



The weather was truly on their side with beautiful clear blue skies and the support from local businesses and golfers was amazing. Current President Phil Tickle and previous President Nick Barnes presented us with a cheque for £2,500, which will fund just over 104 hours of nursing care. Thank you to everyone who attended and supported the event."

**THANK
YOU**



Carlyon Bay Golfers

A huge thank you to Maggie Holmes from Carlyon Bay Golf Club for supporting us again this year in her second term as Ladies Captain. Maggie held a very successful Ladies Golf Day in September in glorious sunshine and that certainly encouraged people to dig deep and support us. Hawkins Motors were also there offering the chance to win a brand new car if someone got a hole in one and this definitely bought out the competitive edge in some of the golfers!



Hawkins also very generously donated £1,000 helping Maggie to raise an amazing £5,000 which could fund just over 208 hours of nursing care. John Hawkins (Chairman of Hawkins Motors), Bailey Retallick (Assistant Manager, Carlyon Bay Golf Club) and Maggie Holmes presented our

Community Fundraiser Kelly Tregaskes and Erica Vitai our Philanthropy Manager, with this amazing cheque.

There's cricketing kindness too

A big thank you to Newquay Cricket Club for raising an amazing £505 for us at their annual Charity Cricket Match that was held in the summer, in memory of Nigel Dawes. Mark Headland and Mike Jelbert recently presented our fundraiser Kelly with the cheque at their clubhouse. Thank you to everyone at Newquay Cricket Club for your continued support.



The kindness of Coodes



Our charity was chosen by legal firm Coodes as their 2022/23 and 2023/24 Charity of the Year partner following the sad loss of one of their well-known and long serving colleagues who we cared for. The team got busy raising funds in a variety of ways from cake sales, collecting buckets at local events, auction nights, monthly dress down days, sponsored walks, cycling and running challenges, some of the team even took on a sky dive!



How's this for success? They recently visited Mount Edgcombe Hospice to present us with a cheque for £19,220.23! Jane Appleton, our Events and Community Manager, says; "It was a real privilege to get to know the team over the last two years. Coodes have worked so hard with all their fundraising, and actually since we met for the cheque presentation some additional money has been added, now bringing the total to £20,830.86, which is so amazing! As well as raising money for us, we were delighted to welcome some members of the Coodes team into our warehouse, where they gave us the gift of time and helped us sort through some of the many donations we receive."

THANKYOU



Wild South West Rally

An enormous thank you to everyone involved in the Wild South West Rally who've once again supported us at this year's event raising an amazing £5,312.99.



The Wild South West Rally is now a regular fixture in the Britannia Inn at Par's summer calendar and is well known for its collection of gleaming bikes, engine tossing and big bands. Steve and Maka who are the organisers behind the Wild South West Rally, are already well into planning the 6th event for 2025. So far over the last 5 events they've raised an incredible £24,269 for our charity! Thank you to everyone who volunteers their time and supports such an amazing event.

Cheers to Roche and District Young Farmers

Thank you to Roche & District Young Farmers for having us as their charity of the year this year. They've worked very hard to raise funds over the last 12 months .



The members ran Bingo sessions, a Tractor Run, Christmas Fayre, Whist Drive, Car/Walking Treasure Hunt and sold logs and dung. Jane Appleton met Claudia Edyvean (Chairman 23/24) and Megan Stratton (Secretary 2023/24) for the cheque presentation of £1,000 which will fund over 41 hours of nursing care.

Thank you



From Cornwall With Love



Our Community Fundraiser Kelly Tregaskes writes; "A huge thank you and well done to two of the teams taking part in this year 'Split or Bust Banger Rally Challenge' who were fundraising for our charity. Both teams were more than happy to pose with our big cheques at Charlestown harbour before the start of their epic journey to Split and we are very happy to say that both team made it back in one piece. We are delighted to reveal that they raised even more money during their adventures with Colin Teagle and Rob Meaker, otherwise known as 'From Cornwall With Love', raising an amazing £1,710 and Martin and Shelley Phillips Rowe, otherwise known as 'Going Ape', raising a fantastic £1,190."

Supportive art

Thanks go to Liz Francis from Padstow Art Gallery and artist Ian Rawnsley for supporting our charity during Ian's latest art exhibition. Although Ian lives out of the county, his passion and work is very closely connected to the coast.



The exhibition 'Connexions' was a huge success and through donations and sales, they raised an amazing £547 for us. Pictured is Community Fundraiser Kelly Tregaskes along with Liz Francis and Sarah Thorney-Croft who won one of Ian's amazing oil paintings.

Quilters Dreckly

We love their name and we owe Quilters Dreckly a thank you. Based in Tresillian, they've been really busy and created five beautiful quilts which they have donated to our charity.



All the quilts are made lovingly by hand and we're told the quality is amazing. Some of the Quilters Dreckly members, along with Minnie the dog, presented the quilts to our Community Fundraiser Kelly at their recent meeting.

St Austell Soroptimists

Thank You

Jackie Stagg and Libby Moore (Jackie left, Libby, right) from St Austell Soroptimists came to Mount Edgcombe Hospice recently with some rugs they had made for us. They're pictured here with Janet Barnie.



Cue the Pool!

Jane Appleton from our fundraising team recently visited the Snow Bar in Par to meet their Pool Team. They've been collecting money over the season in memory of David Rickard's wife. The total reached a super £560 with an additional £275 coming from Kyle Masters who had his head shaved! They've promised us more support so we look forward to supporting them and thank Graham and the team at the Snow Bar for supporting the fundraising activities.



The Snow Bar team present their donation to Jane Appleton.

Handy help



Meet Joni (left) and Rosie Venn pictured here at Mount Edgumbe Hospice. They made and sold earrings and raised £130 for us! They were really proud to hand the cheque over to some of our nursing team and have already started planning what they are going to make next!



STOP PRESS: Bank Holidays



A polite reminder from our HR Team... Please remember that all Bank Holidays are included in your annual leave allowance on OneTeam, so if you aren't working on Christmas Day, Boxing Day or New Year's Day, make sure you book them off!

In our shops NOW

Cornish scene
Christmas Cards



£4 a pack



Our very own
Cornwall Hospice Care
Inspiritus Candle
from St Eval Candles

2025 diaries



£3

Notebooks



£4.50



Cornwall
Hospice Care

• LOTTERY •

A chance to win a way to care

• Mount Edgcumbe Hospice • St Julia's Hospice •

Loving our lottery

Our lottery reaches far and wide and one of our recent £1,000 winners is celebrating on the Isles of Scilly. Terry Ward said; "Much appreciated and it's good to support your wonderful cause. Best wishes with your fundraising activities."



Other £1,000 winners in the last month have included Mr Leggo from Newquay, Dr Wootton of St Ives, Mrs Bray in Redruth, Mrs Clemence of Shefford and Miss Dalton who lives in Falmouth. Our rollover reached £1,200 for the draw at the start of this month before being won by Mr Ruby from St Austell. Congratulations all and remember you have to be in it to win it and you can sign up [HERE](#).



Don't forget our Christmas Raffle too. You can read all about it on page 5 of this edition of All Together!

Nigel's laid back approach to HR

Meet Nigel, a cat that regularly seeks a bit of peace at Mount Edgcumbe Hospice. He's taken to snoozing in the HR office where he sits near to Sue (he chose her because she's not that keen on cats, something our feline friends seem to detect)!



REMEMBRANCE

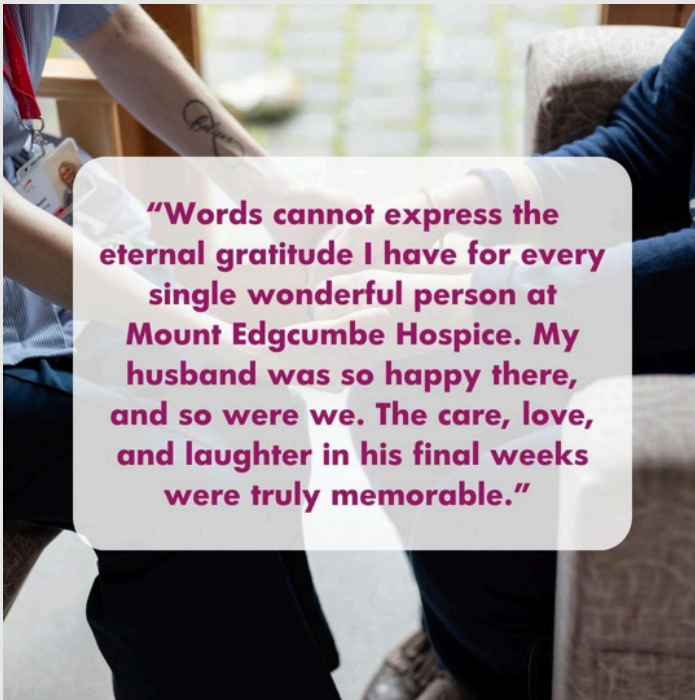


Thank you to volunteer Colin from St Julia's Hospice who sent us these pictures of the wreath that was laid by our charity at the Hayle War Memorial.



Read more about the wreath our charity placed on the Poppy Train on page 3.

The Reason Why



"Words cannot express the eternal gratitude I have for every single wonderful person at Mount Edgcombe Hospice. My husband was so happy there, and so were we. The care, love, and laughter in his final weeks were truly memorable."

ALL TOGETHER

Cornwall Hospice Care's staff and volunteer newsletter

Please send your stories and pictures to
communications@cornwallhospice.co.uk

